

Lincoln Sox Baseball
Medical History, Informed Consent and Release Agreement

I hereby give permission for my child named above to participate in the Lincoln Sox Baseball program for the duration of the 2021 baseball season (with practices beginning in the fall of 2020). Further, I authorize the coaching staff or other Lincoln Sox personnel to provide emergency medical treatment of an injury to, or illness of my child. If I cannot be reached, and a reasonable effort has been made to do so, I further authorize any qualified, licensed physician to render medical treatment which in his/her judgment may be necessary in the care of my child.

We are aware that participating in baseball is a potentially hazardous activity. We understand that our child is not covered by any insurance plan through the Lincoln Sox Baseball Organization and do hereby waive, release, absolve, indemnify and agree to hold harmless the Lincoln Sox Baseball Organization and any of its affiliated volunteers including administrators, coaches and other participants in the event of injury or illness to my child that occurs during travel to or from, or during the conduct of any practice, game, tournament or related or special event. I understand and assume all risks, including but not limited to falls, contact with other participants, being hit with a ball, the effects of weather, traffic and other reasonable risk conditions associated with the game of baseball. All such risks are known and understood by me.

Lincoln Sox Baseball
Coach & Player Waiver

It is required that all coaches and/or guardians of youth players review and acknowledge the following Coach & Player Waiver. Please review and accept the terms of this waiver electronically via your Sox user account. IMPORTANT: Please remember that all adult coaches and youth athletes are required to acknowledge and accept the terms of this waiver prior to being placed on a roster and/or participating in any team event, such as but not limited to practices, games or tournaments. Youth athlete waivers must be executed, acknowledged and accepted by their parent/legal guardian. WAIVER In consideration of being allowed to participate in any way in the LINCOLN SOX BASEBALL ORGANIZATION athletics/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury and/or illness from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist.
2. The risk to have contact with individuals, who have been exposed to and/or have been diagnosed with one or more communicable diseases, including but not limited to COVID-19 or other medical conditions, diseases, or maladies does exist, and it is impossible to eliminate the risk that I could be exposed to and/or become infected through contact with or close proximity with an individual with a communicable disease.

3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others and assume all full responsibility for my participation.
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE LINCOLN SOX BASEBALL ORGANIZATION, their 2021 season officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the events ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
6. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, BEFORE ACKNOWLEDGING AND ACCEPTING THIS WAIVER, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY AGREEING TO IT ON MY OWN BEHALF OR ON BEHALF OF THE YOUTH PARTICIPANT ASSOCIATED WITH THIS GUARDIAN ACCOUNT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

ACKNOWLEDGMENT BY PARENTS AND/OR LEGAL GUARDIANS OF YOUTH PARTICIPANTS: By acknowledging and agreeing to the checkbox below, I agree to and verify the following:

- 1) that I am the parent or legal guardian for the youth participant associated with this guardian account,
- 2) that the date of birth of the youth participant associated with this guardian account is correct,
- 3) that as parent/legal guardian with legal responsibility for this youth participant, I consent and agree to assume the risks of his/her participation in these programs; and
- 4) that I specifically agree to his/her release as provided herein of all the Releasees, and, for myself, my heirs, assigns and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to this youth participant's involvement or participation in these programs as provided above EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.